

*Evoluzione della medicina nucleare a livello di Area Vasta per la definizione di nuovi radiofarmaci per la diagnosi e cura. Gestire il problema della malattia oncologica dalla radioterapia tradizionale alla medicina personalizzata*



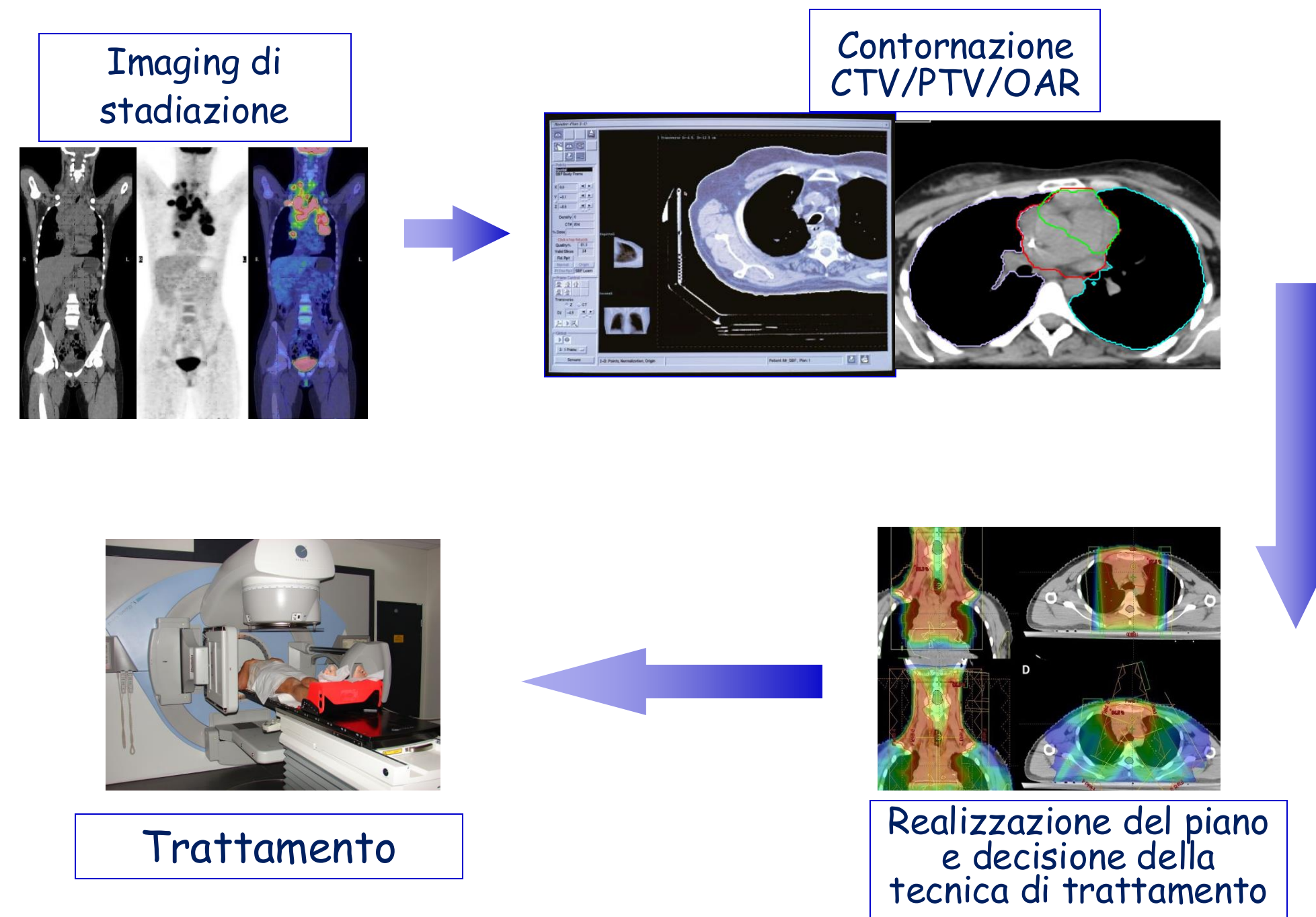
Prof. Isacco Desideri  
Università di Firenze  
SODc Radioterapia AOU Careggi



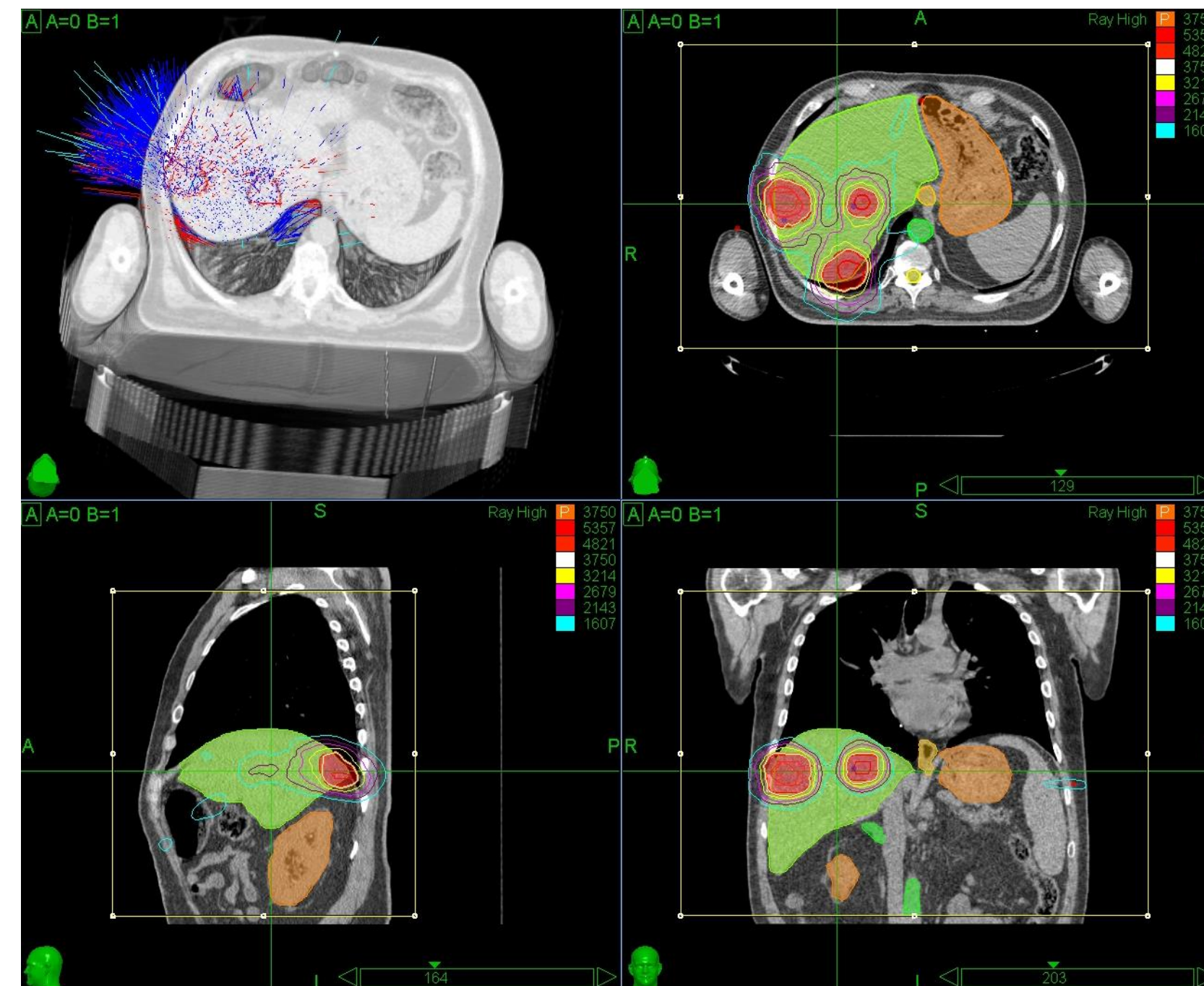
## Targeted Radionuclide Therapy

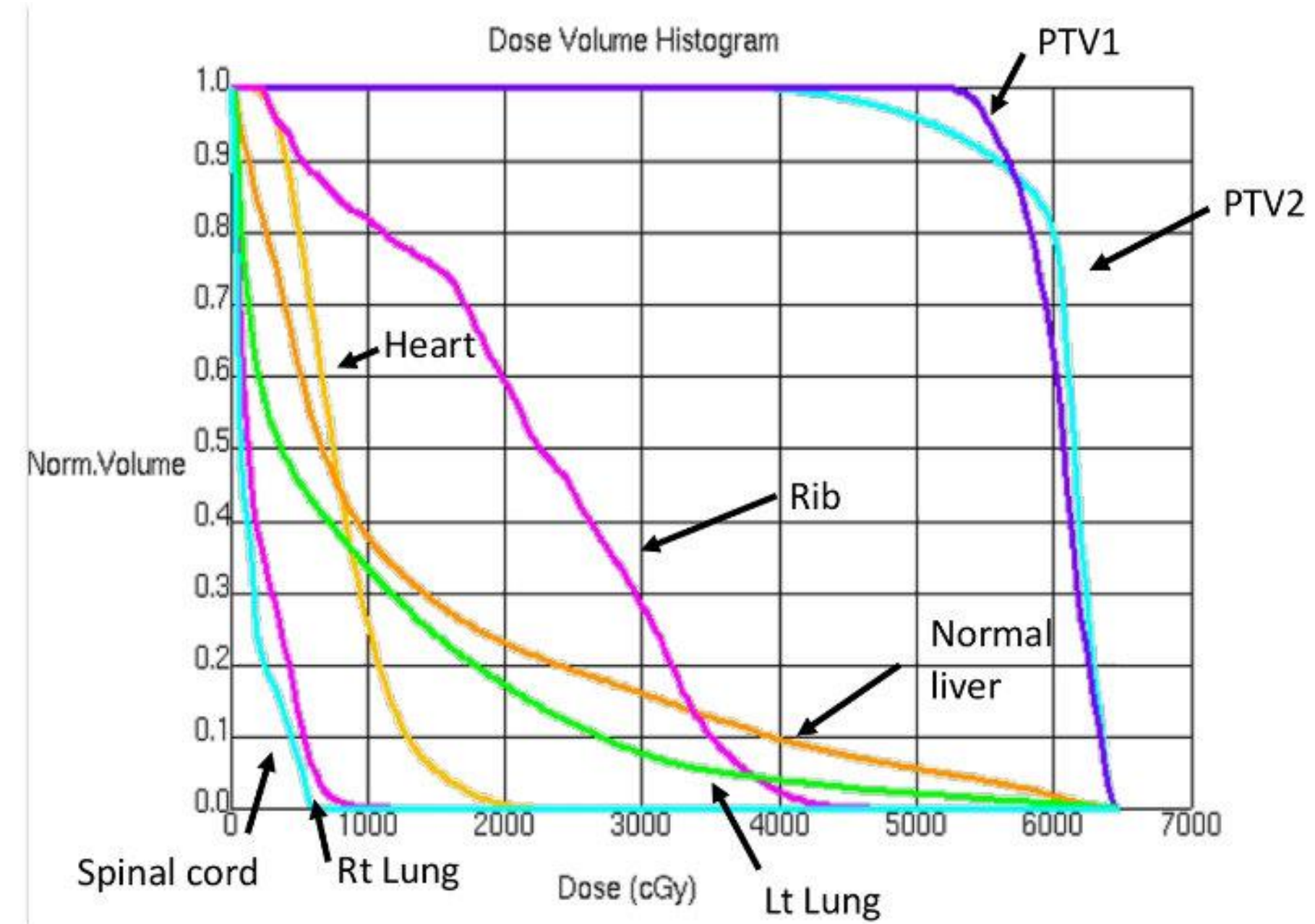
- ✓ Is **tumor specific**, with sparing of healthy tissue (low toxicity)
- ✓ No limit to the **absorbed dose**
- ✓ Radiation can be delivered to **any number of sites of disease**
- ✓ Radiation can be delivered to **subclinical tumors and metastases** that are too small to be imaged
- ✓ Radiation can be delivered to **cells in the circulating blood** including hematologic malignancy







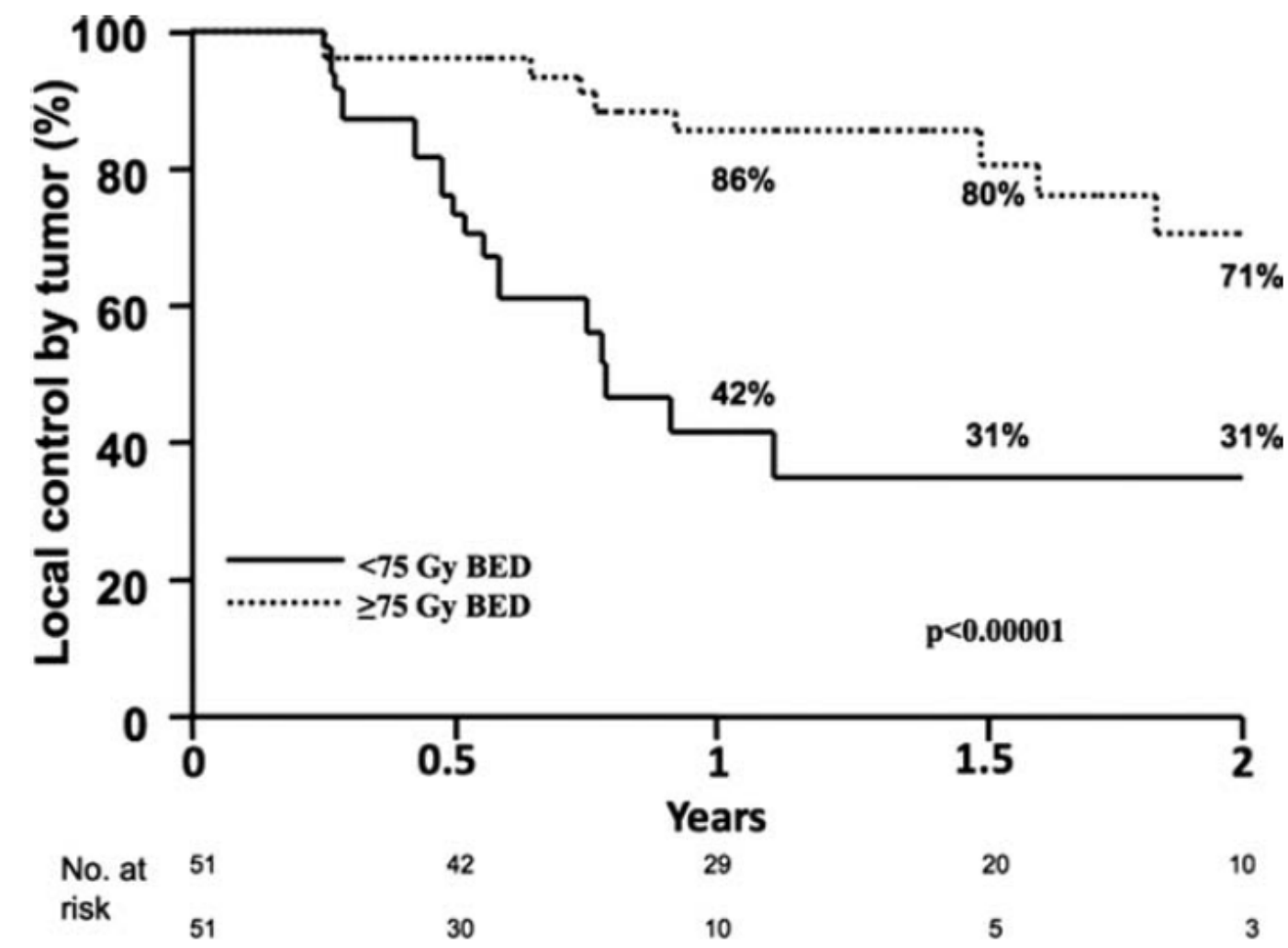






## SBRT: prospective studies

STUDY	PATIENTS	LESIONS	RT DOSE	OUTCOME
<i>Herfarth et al, 2004</i> Phase I/II	35	51	14/26 Gy in 1 fr	<b>18 months:</b> <b>67%</b>
<i>Mendez et al, 2006</i> Phase I/II	17	34	30/37.5 Gy in 3 fr	<b>2-year: 86%</b>
<i>Hoyer et al, 2006</i> Phase II	44 (only CRC)	NA	45 Gy in 3 fr	<b>2-year: 79%</b>
<i>Lee et al, 2009</i> Phase I/II	68	140	28/60 Gy in 6 fr	<b>1-year: 71%</b>
<i>Rusthoven et al, 2009</i> Phase I/II	47	63	36/60 Gy In 3 fr	<b>2-year: 92%</b>
<i>Goodman et al, 2010</i> Phase I	19	33	18/30 Gy in 1 fr	<b>1-year: 77%</b>
<i>Rule et al, 2011</i> Phase I	26	35	30 Gy in 3fx 50 Gy in 5fx 60 Gy in 3fx	<b>2-year: 56%</b> <b>2-year: 89%</b> <b>2-year: 100%</b>



**Figure 2.** Actuarial local control by lesion stratified by biologically effective dose (BED) delivered is shown.

*Chang, Cancer 2011*

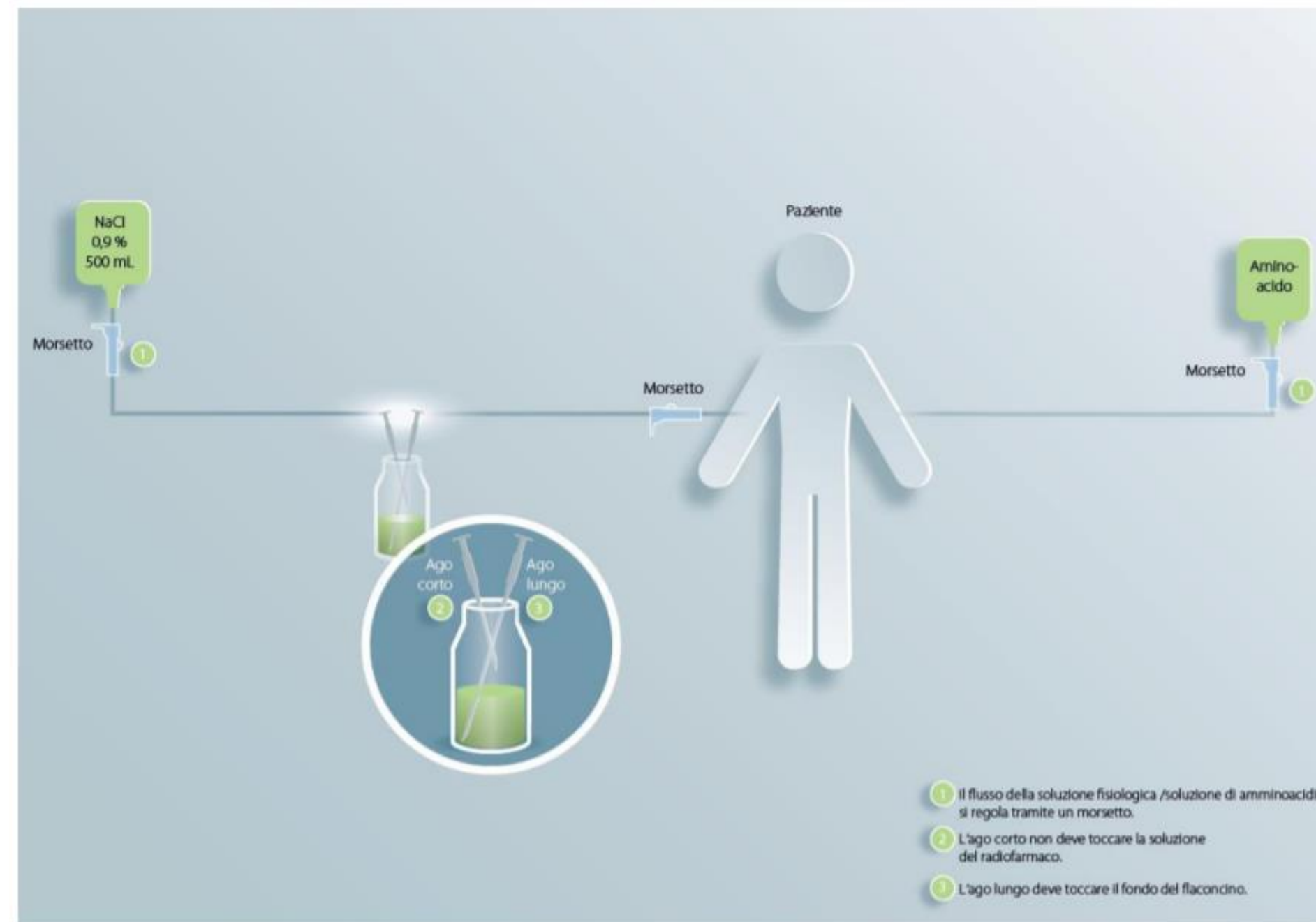
### LIVER SBRT – Dose constraints

Organ at risk	Wulf <i>et al.</i> (36)	Rusthoven <i>et al.</i> (37)	Hoyer RAS-Trial (www.cirro.dk)	RTOG 0236 SBRT lung (www.rtog.org)	QUANTEC (48)
Liver (CTV excluded)	30% <21 Gy* 50% <15 Gy*	700 mL < 15 Gy	700 mL < 15 Gy	NA	700 mL ≤ 15 Gy D <sub>mean</sub> < 15 Gy
Stomach	D <sub>5 mL</sub> <21 Gy	D <sub>max</sub> ≤ 30 Gy	D <sub>1 mL</sub> <21 Gy	NA	D <sub>max</sub> <30 Gy (D <sub>5 mL</sub> <22.5 Gy)
Bowel	D <sub>5 mL</sub> <21 Gy	D <sub>max</sub> ≤ 30 Gy	D <sub>1 mL</sub> <21 Gy	NA	D <sub>max</sub> <30 Gy
Esophagus	D <sub>5 mL</sub> <21 Gy	NA	D <sub>1 mL</sub> <21 Gy	D <sub>max</sub> ≤ 27 Gy	NA
Kidney	NA	Total kidney D <sub>35%</sub> <15 Gy	Total kidney D <sub>35%</sub> <15 Gy	NA	NA
Spinal cord	NA	D <sub>max</sub> ≤ 18 Gy	D <sub>max</sub> <18 Gy	D <sub>max</sub> ≤ 18 Gy	D <sub>max</sub> ≤ 20 Gy
Heart	D <sub>5 mL</sub> <21 Gy	NA	D <sub>1 mL</sub> <30 Gy	D <sub>max</sub> ≤ 30 Gy	NA


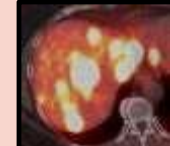





*Abbreviations:* SBRT = stereotactic body radiotherapy; RTOG = Radiation Therapy Oncology Group; CTV = clinical target volume; NA = not available; Dx % = dose to x%; Dx mL = dose to x mL; D<sub>max</sub> = maximum dose.  
 \* Liver including clinical target volume.

*Hoyer M et al, IJROBP, 2012*





## Diagnostic Imaging for Therapeutic Decision-Making

Tumor Grade	Differentiation	SSTR-2 Expression	Imaging Modality
Grade 1, Low	Well-Differentiated	High 	<sup>68</sup> Ga-Dotatate 
Grade 2, Intermediate	Well-Differentiated	Mixed 	<sup>68</sup> Ga-Dotatate and <sup>18</sup> F-FDG  
Grade 3, High (Neuroendocrine Carcinoma)	Poorly Differentiated	Low/ Zero 	<sup>18</sup> F-FDG 

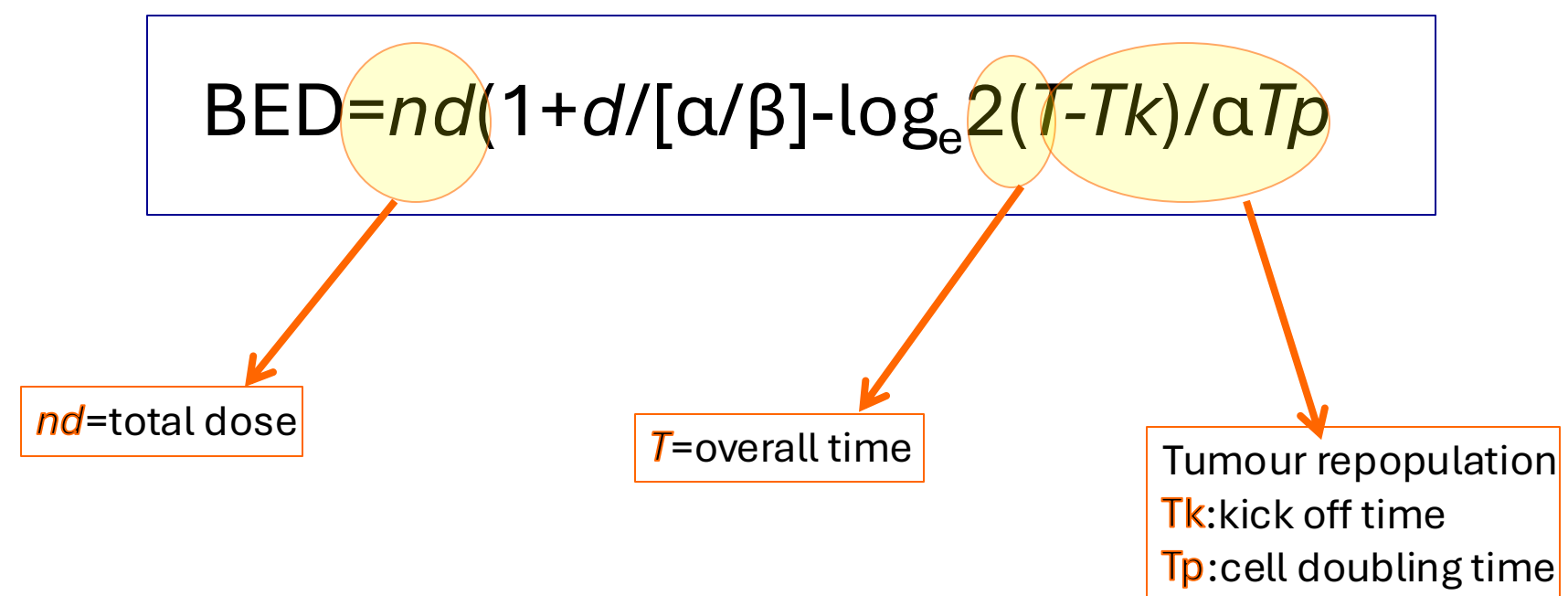
**Dual Imaging of PET Radiotracers**  
 (Chan, et al *Theranostics* 2017)

- Allows for whole-body tumor grading and assessment of tumor heterogeneity
- Non-invasive tumor characterization can help clinicians determine the next appropriate treatment option

Adapted from and slide courtesy of Amanda Abbott, MS, CNMT, RT(N)(CT), PET and Lauren Gilbert, CNMT, RT(N)(CT)  
[Grading and Prognostication of Neuroendocrine Tumors of the Pancreas: A Comparison Study of Ki67 and PHH3](#)

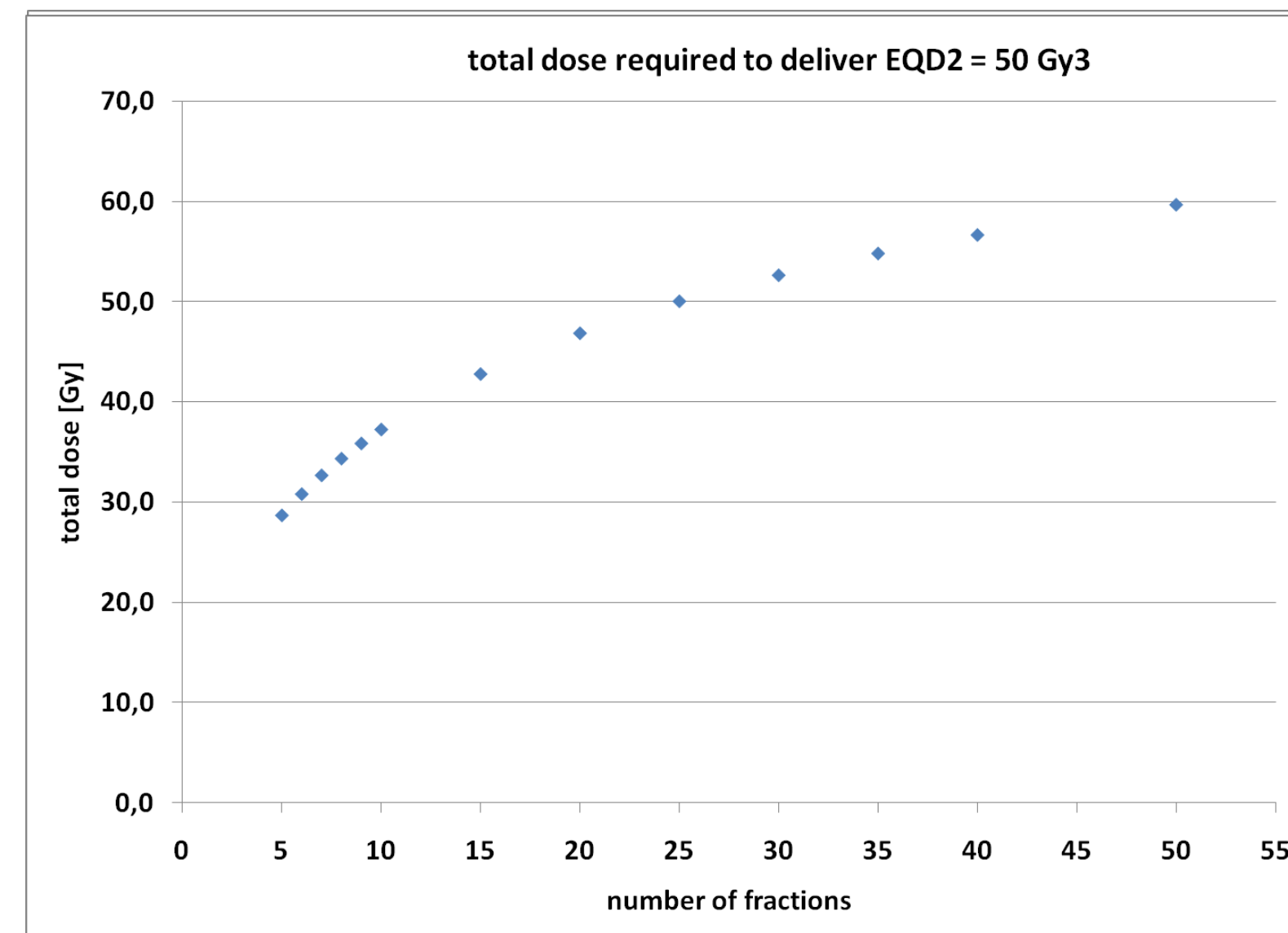


## BED: Biologically Effective Dose



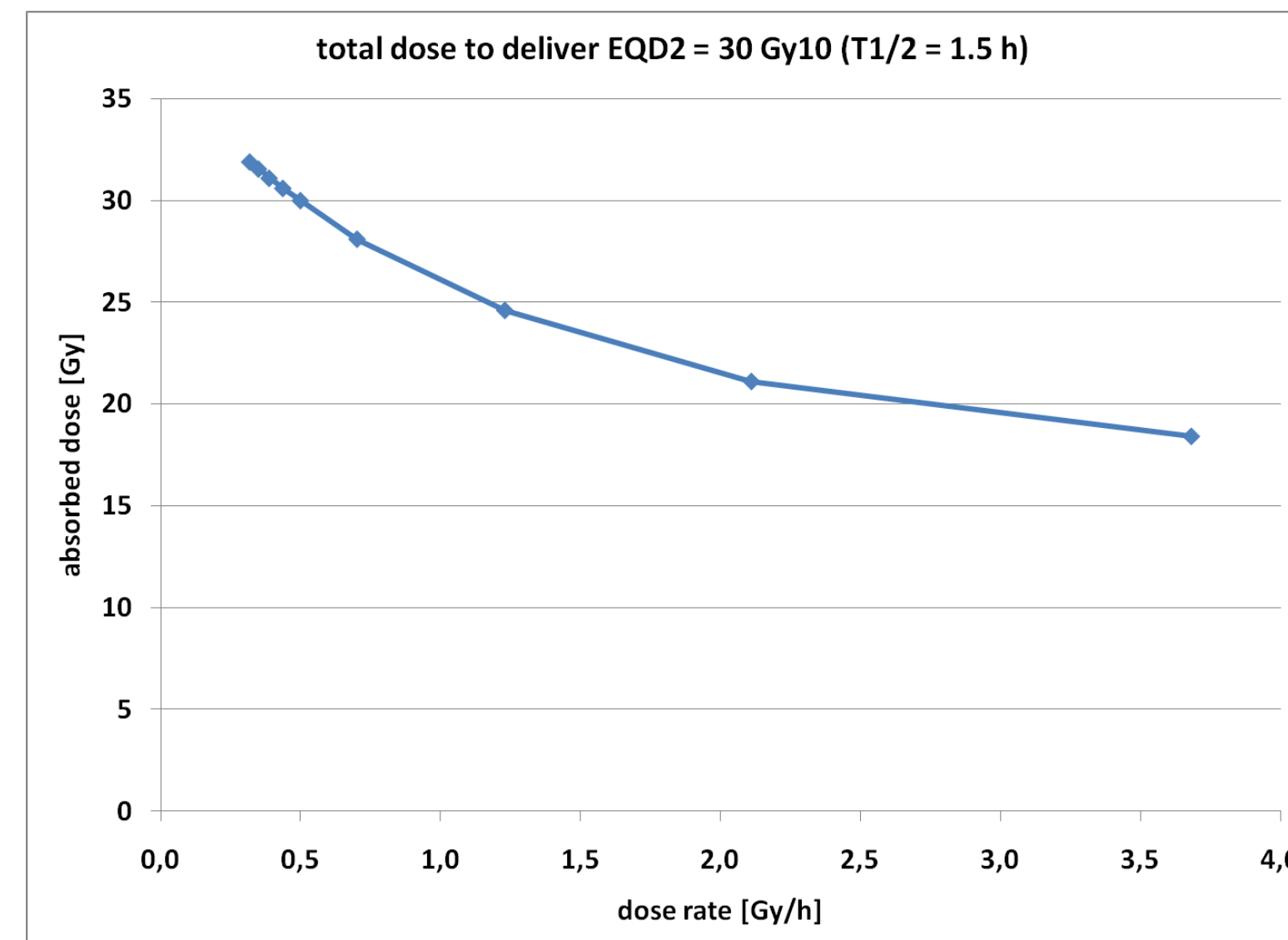
➤ it indicates quantitatively the biological effect of any radiotherapy treatment, taking account of changes in **dose-per-fraction** or **dose rate**, **total dose** and **overall time**.

## The linear-quadratic model: Fractionation sensitivity



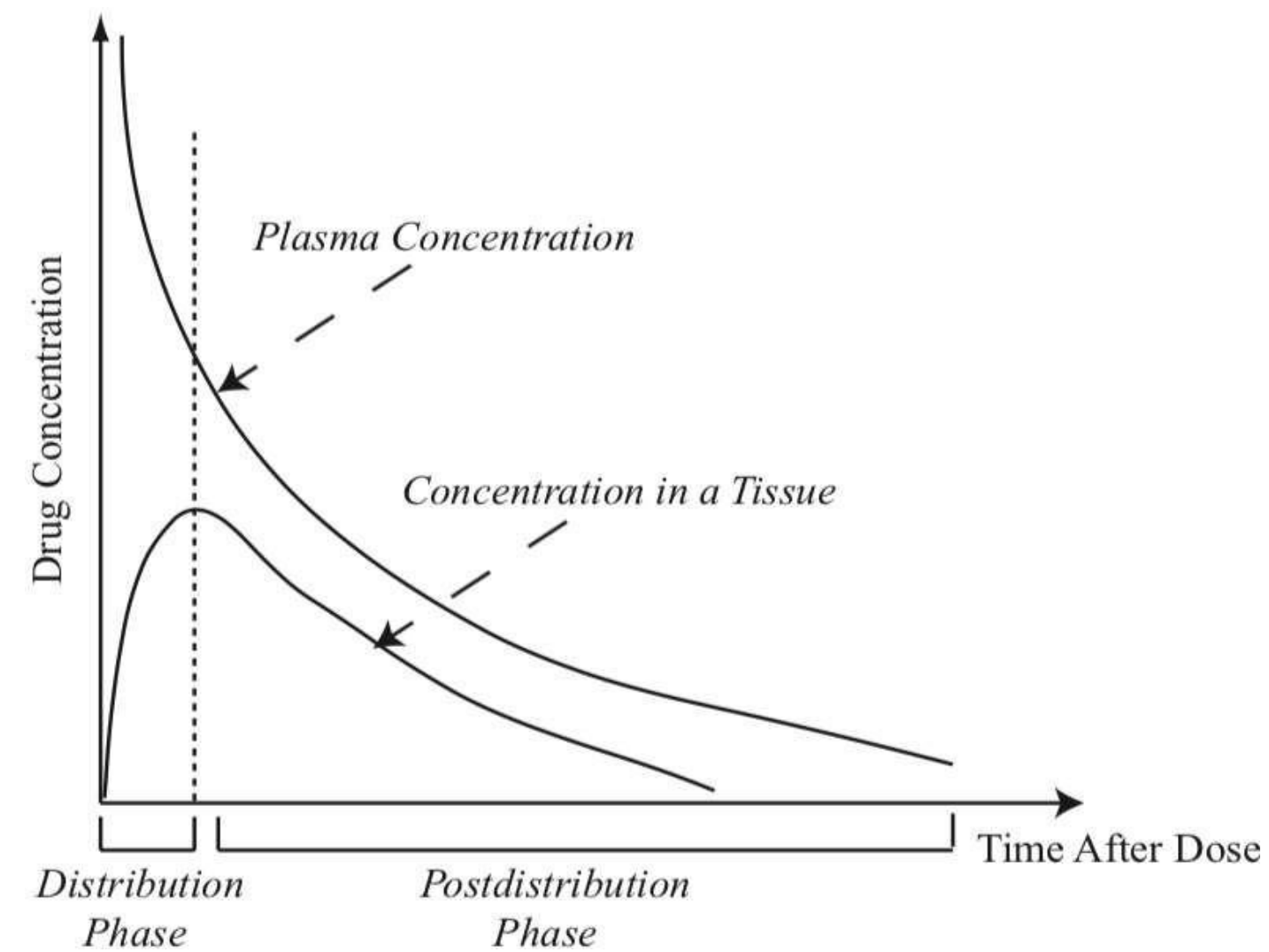


## The linear-quadratic model: Dose rate effect



## Pharmacokinetics

- Interactions of drug and body in terms of
  - Absorption (if oral)
  - Distribution
  - Metabolism
  - Excretion





## Tumor Response to Radiopharmaceutical Therapies: The Knowns and the Unknowns

George Sgouros<sup>1</sup>, Yuni K. Dewaraja<sup>2</sup>, Freddy Escorcía<sup>3</sup>, Stephen A. Graves<sup>4</sup>, Thomas A. Hope<sup>5</sup>, Amir Iravani<sup>6</sup>, Neeta Pandit-Taskar<sup>7</sup>, Babak Saboury<sup>8</sup>, Sara St. James<sup>5</sup>, and Pat B. Zanzonico<sup>9</sup>

*J Nuc Med, 2021*

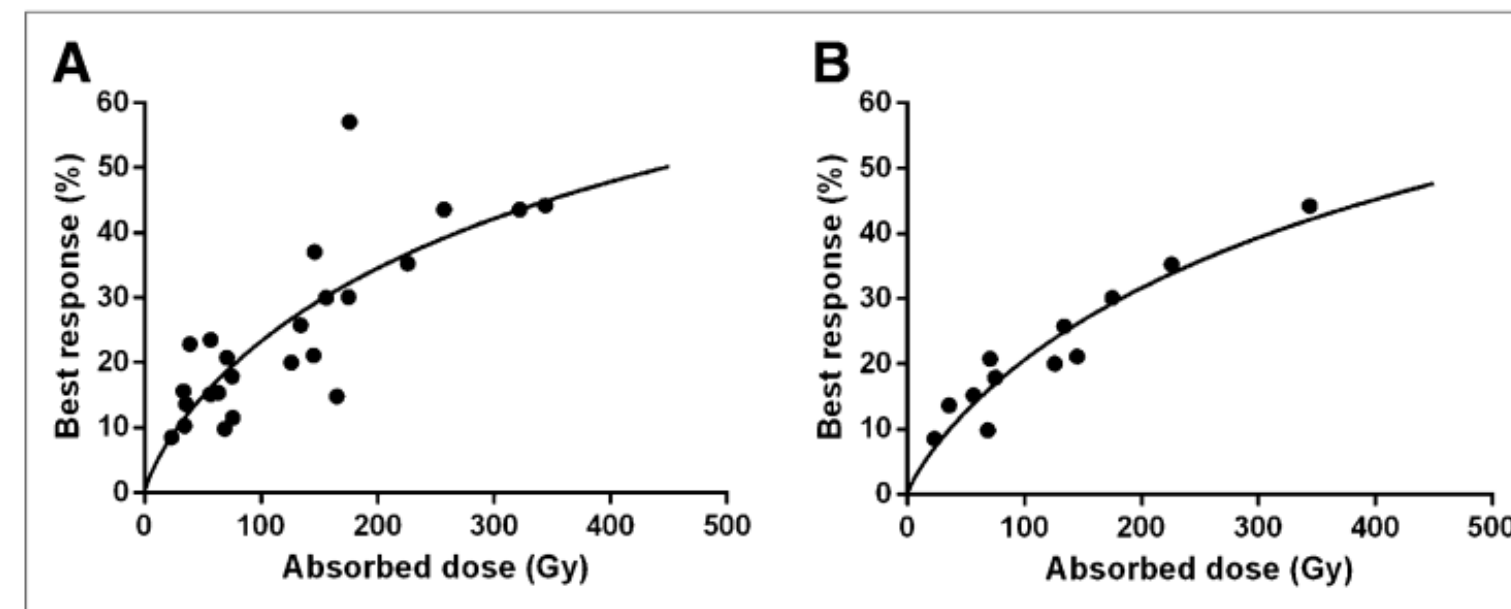


**TABLE 3**  
 Studies Reporting Tumor Dose–Response Relationship in Other RPTs

Study	Disease	Therapy	n	Lesion size	Dosimetry method	Endpoint	Threshold
Maxon (139)	Thyroid cancer metastases	<sup>131</sup> I radioiodine	76		Planar conjugate views	Response on <sup>131</sup> I planar scans	80 Gy for metastases; 300 Gy for remnants
Wierds (140)	Thyroid cancer remnants and metastases	<sup>131</sup> I radioiodine	47	>0.15 cm <sup>3</sup>	<sup>124</sup> I PET + OLINDA sphere model	CR on <sup>131</sup> I SPECT or <sup>124</sup> I PET	40 Gy for metastases; 90 Gy for remnants
Pauwels (102)	NET	<sup>90</sup> Y-DOTATOC PRRT	13	NA	<sup>86</sup> Y-DOTATOC PET + MIRDose sphere model	Volume shrinkage > 30% on CT	~150 Gy for >30% shrinkage
Ilan (103)	NET	<sup>177</sup> Lu-DOTATATE PRRT	24 (24 tumors)	>2.2 cm	SPECT/CT + OLINDA sphere model	RECIST best response > 30%	~150 Gy
Matthay (141)	Neuroblastoma	<sup>131</sup> I-metaiodobenzylguanidine	27		Planar conjugate view + MIRDose	Volume shrinkage > 50% on CT	70 Gy
Dewaraja (16)	Non-Hodgkin lymphoma	<sup>131</sup> I-radioimmunotherapy	39 (130 tumors)	Median, 20 cm <sup>3</sup>	Multi-SPECT/CT + Monte Carlo	Progression-free survival	200 cGy

**Dose Response of Pancreatic Neuroendocrine Tumors  
 Treated with Peptide Receptor Radionuclide  
 Therapy Using <sup>177</sup>Lu-DOTATATE**

Ezgi Ilan<sup>1,2</sup>, Mattias Sandström<sup>1,2</sup>, Cecilia Wassberg<sup>1,3</sup>, Anders Sundin<sup>1,3</sup>, Ulrike Garske-Román<sup>1,3</sup>, Barbro Eriksson<sup>4</sup>, Dan Granberg<sup>4</sup>, and Mark Lubberink<sup>1,2</sup>



**FIGURE 5.** Tumor dose–response relationship for patients with PNETs treated with PRRT using <sup>177</sup>Lu-DOTATATE, including tumors larger than 2.2 cm (A) and only tumors larger than 4 cm (B). Solid lines represent 2-parameter sigmoid fits ( $y = 100/(1 + (\alpha/x)^\beta)$ ), where  $\alpha$  and  $\beta$  are fitting parameters. Parameters  $\alpha$  and  $\beta$  were 445 and 0.79, with SEs of 104 and 0.14, respectively, for tumors larger than 2.2 cm and 504 and 0.84, with SEs of 83 and 0.1, respectively, for tumors larger than 4 cm. Pearson correlation coefficients ( $R^2$ ) were 0.64 (A) and 0.91 (B).



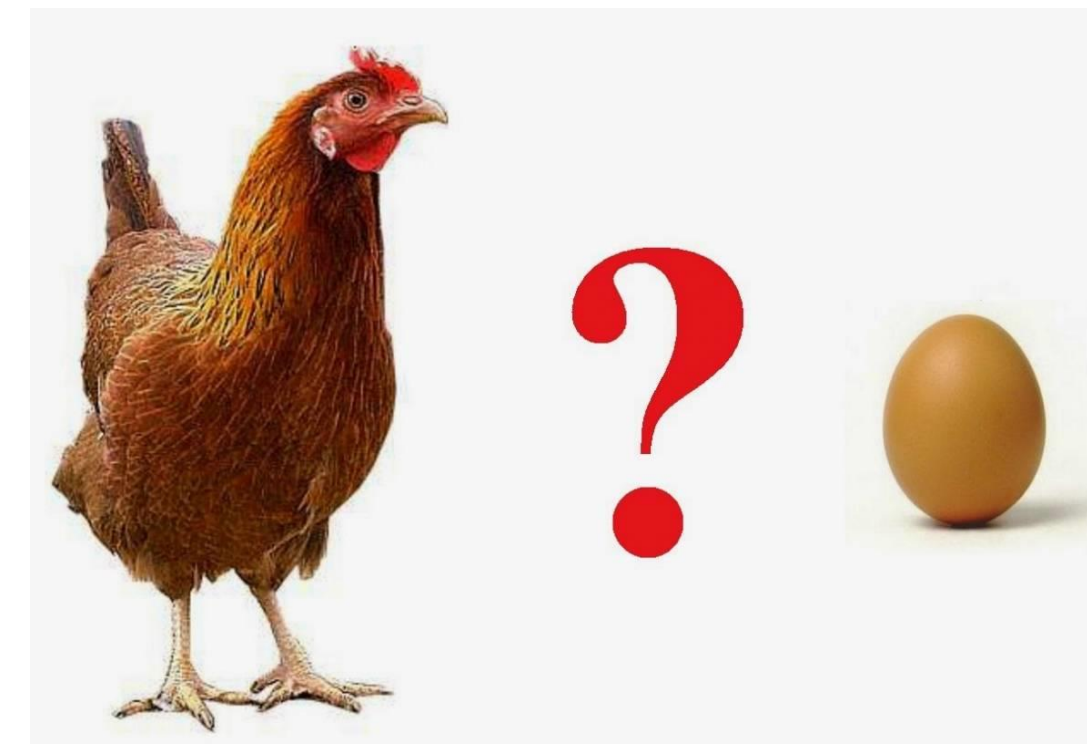
**CONTINUING EDUCATION**

**Dosimetry in Radiopharmaceutical Therapy**

Joe O'Donoghue, Pat Zanzonico, John Humm, and Adam Kesner

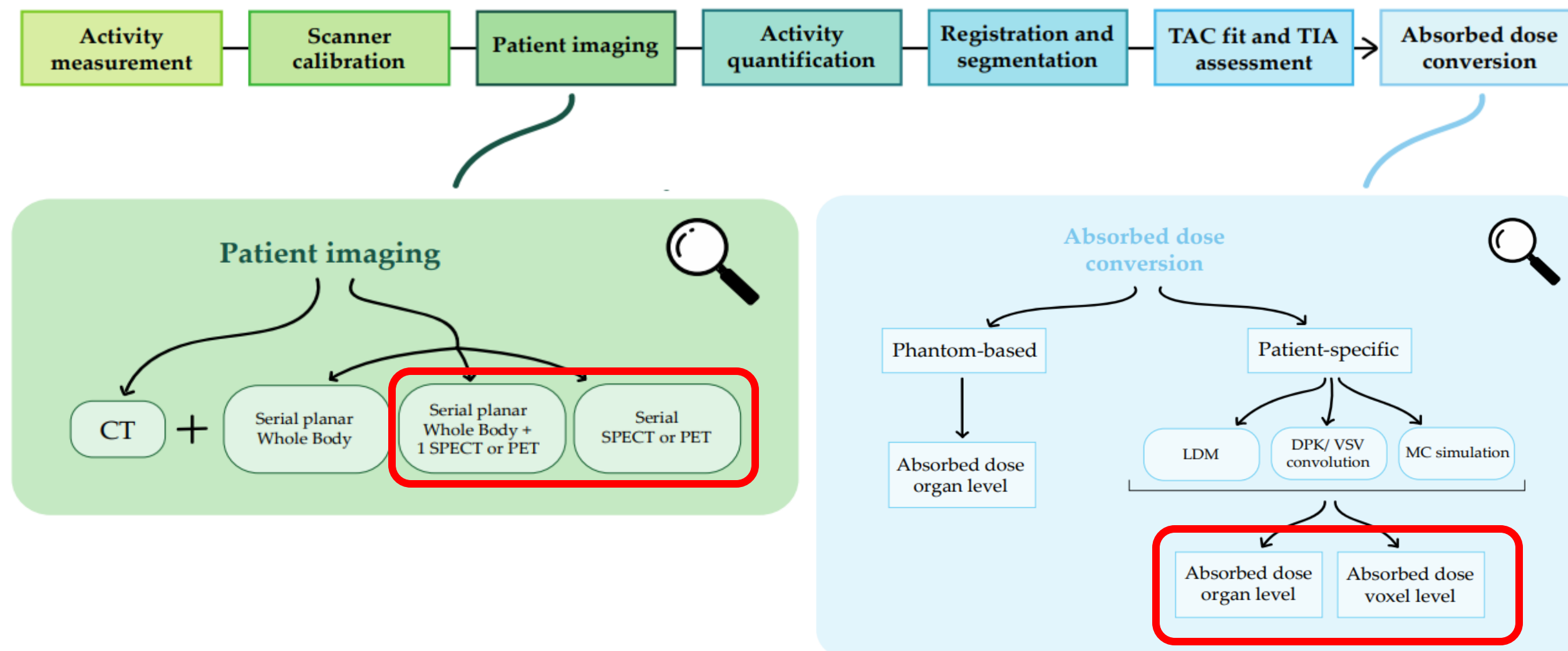
*Department of Medical Physics, Memorial Sloan Kettering Cancer Center, New York, New York*

“...there is a chicken-and-egg element to this: dosimetry is not performed because dose-response data are lacking, and dose-response data are lacking because dosimetry is not performed...”

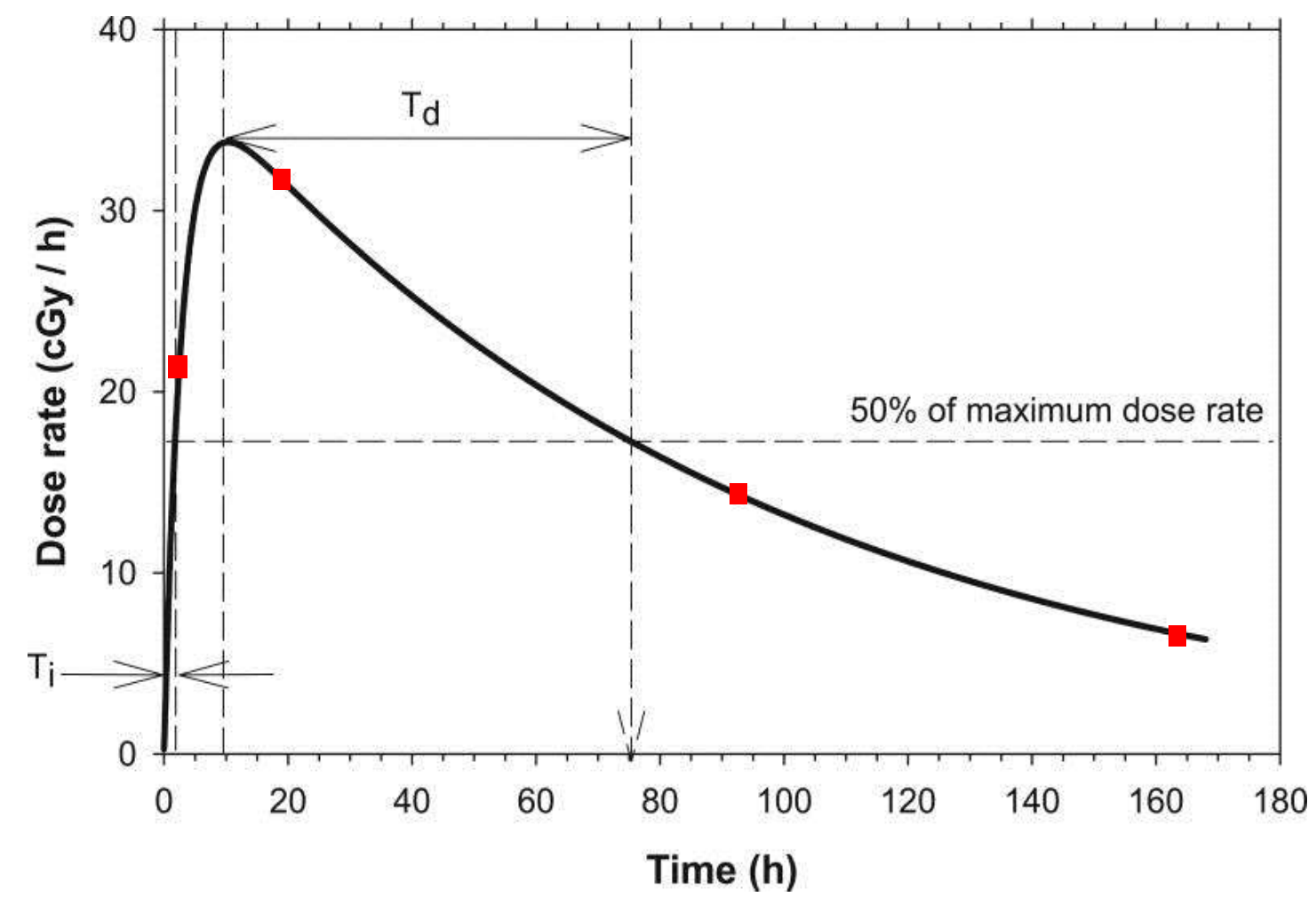




## DOSIMETRY WORKFLOW



*Adapted from Danieli, J Pers Med 2022*



Acquisition Number	Approximate Post-therapy Acquisition Time
1	4 hours
2	24 hours
3	96 hours
4	168 hours

Radiation Research 188: 221-234, 2017

**Table 2**

List of commercially available MRT dosimetry software and referring versions. \*previously known as Hermes Internal Radiation Dosimetry / HIRD / Hybrid3Dose / HybridDose3D.

TPS	Manufacturer	Abbreviation	Dosimetry Type	CE/FDA approval
Organ Dosimetry with Olinda/EXM® v5.1 (Olinda v2.2)	Hermes Medical Solutions	HERMES Organ	Multi-purpose Organ Dosimetry	CE/FDA
Voxel Dosimetry* v1.0.1	Hermes Medical Solutions	HERMES Voxel	Multi-purpose voxel dosimetry	CE/FDA
Planet® Dose v3	DOSIsoft SA	PlanetDose	Multi-purpose voxel dosimetry	CE/FDA
QDOSE® v1.1	ABX-CRO advanced pharmaceutical ForschungsgesellschaftmbH	QDose	Multi-purpose voxel dosimetry	CE
SurePlan™ MRT v7.1	MIM Software Inc.	SurePlan-MRT	Multi-purpose voxel dosimetry	CE/FDA

*Della Gala, Eur J Med Phys 2021*



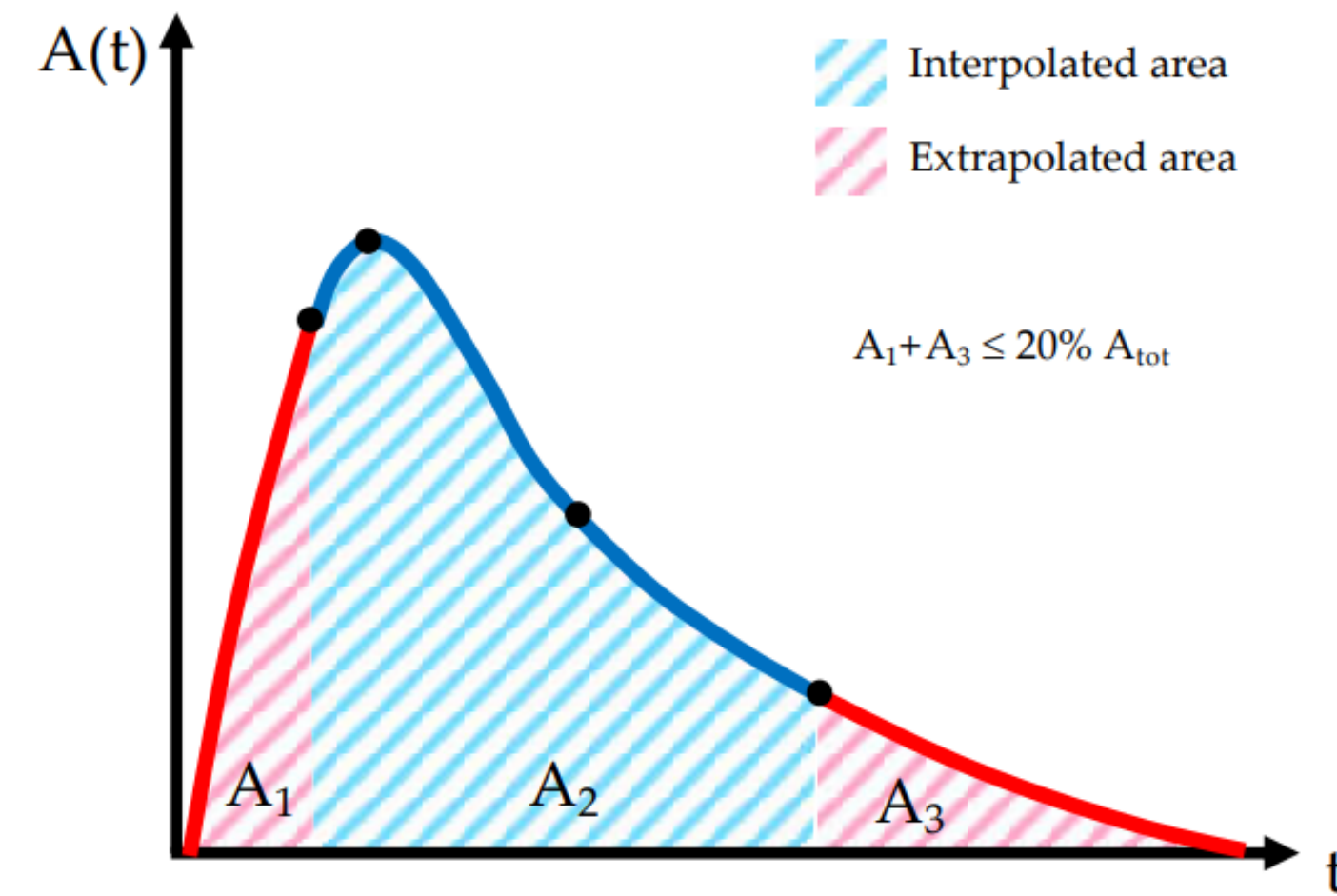
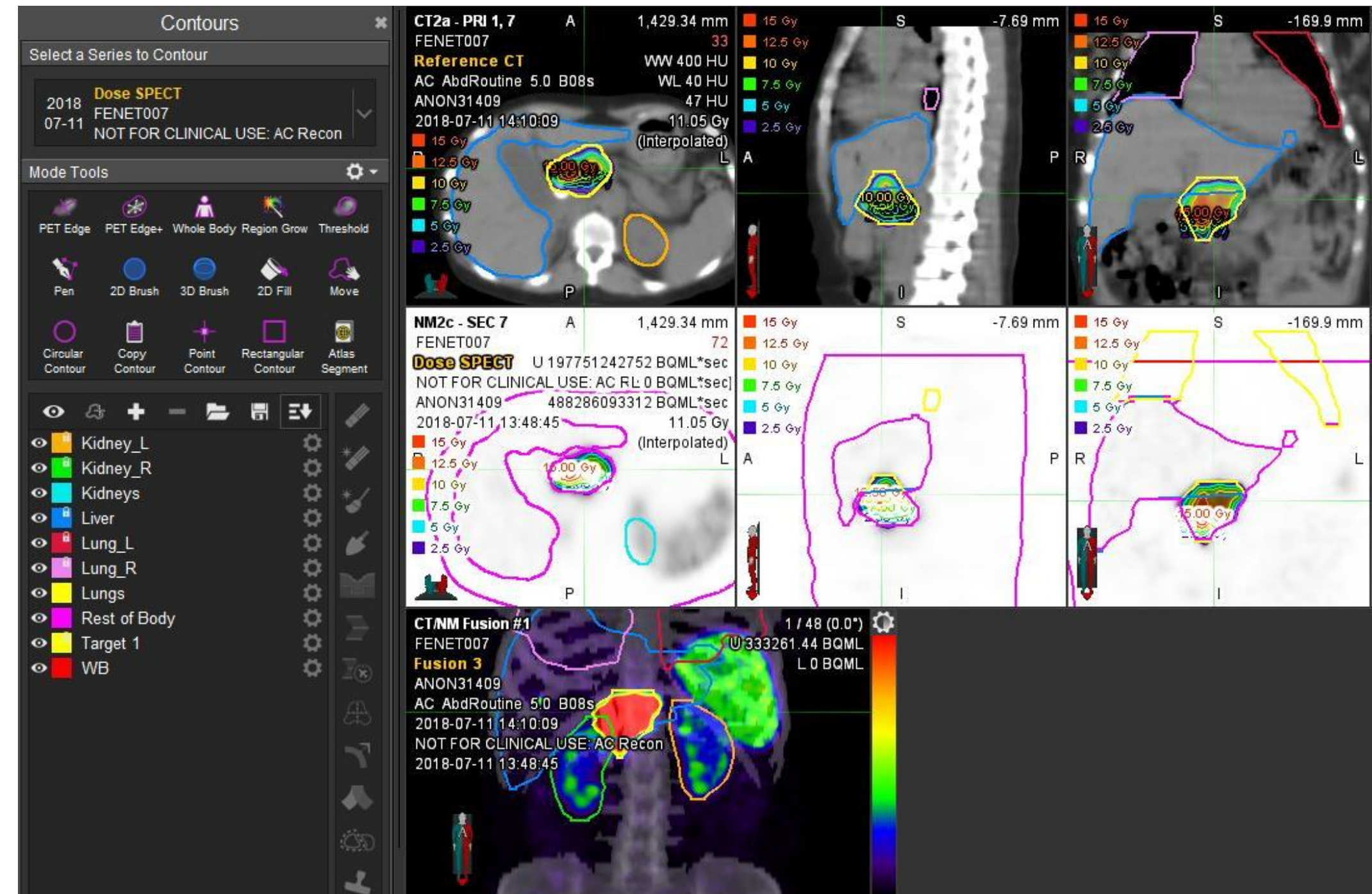


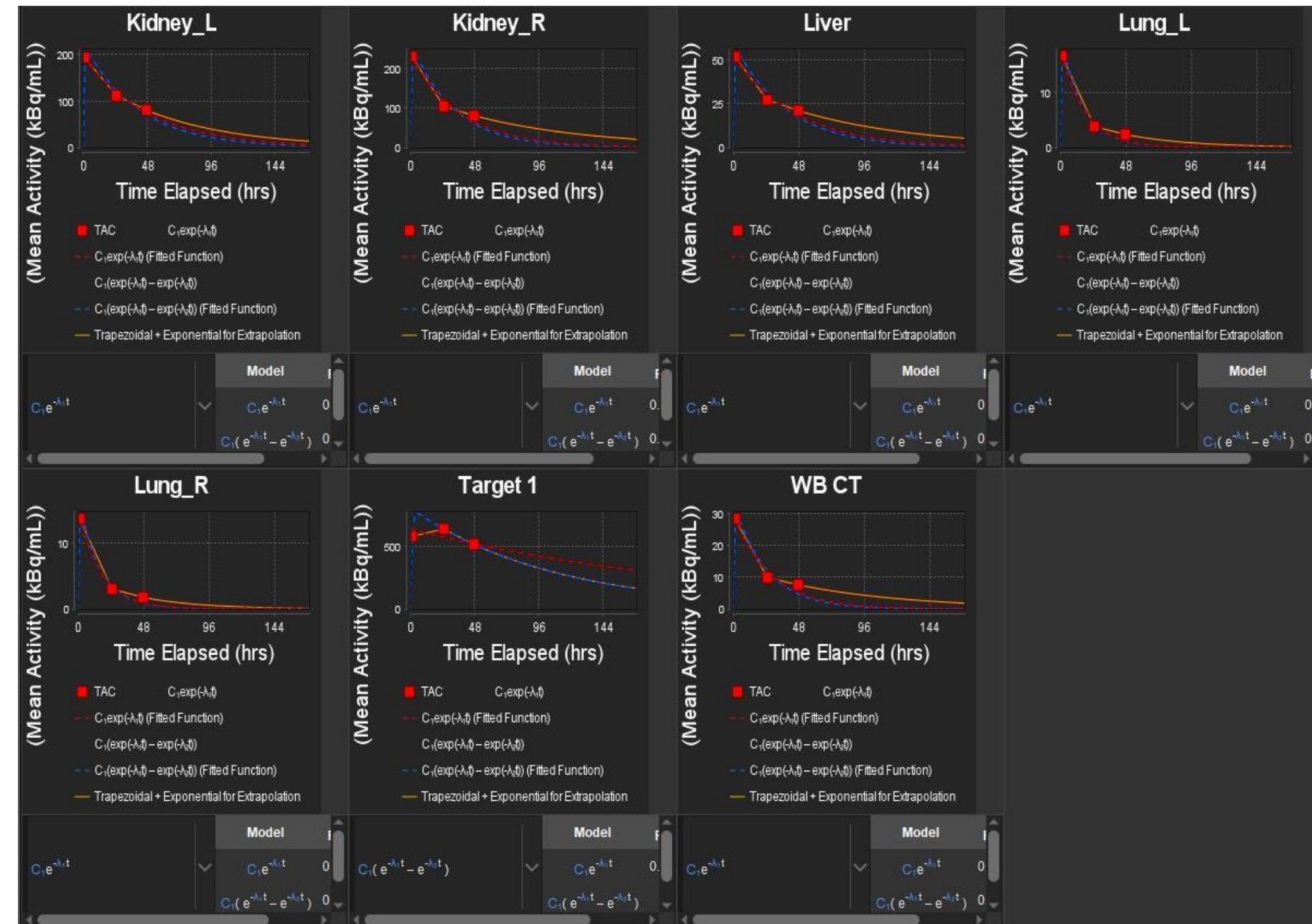
Figure 2. Time-activity curve (TAC) with interpolation and extrapolation areas.

Danieli, *J Pers Med* 2022

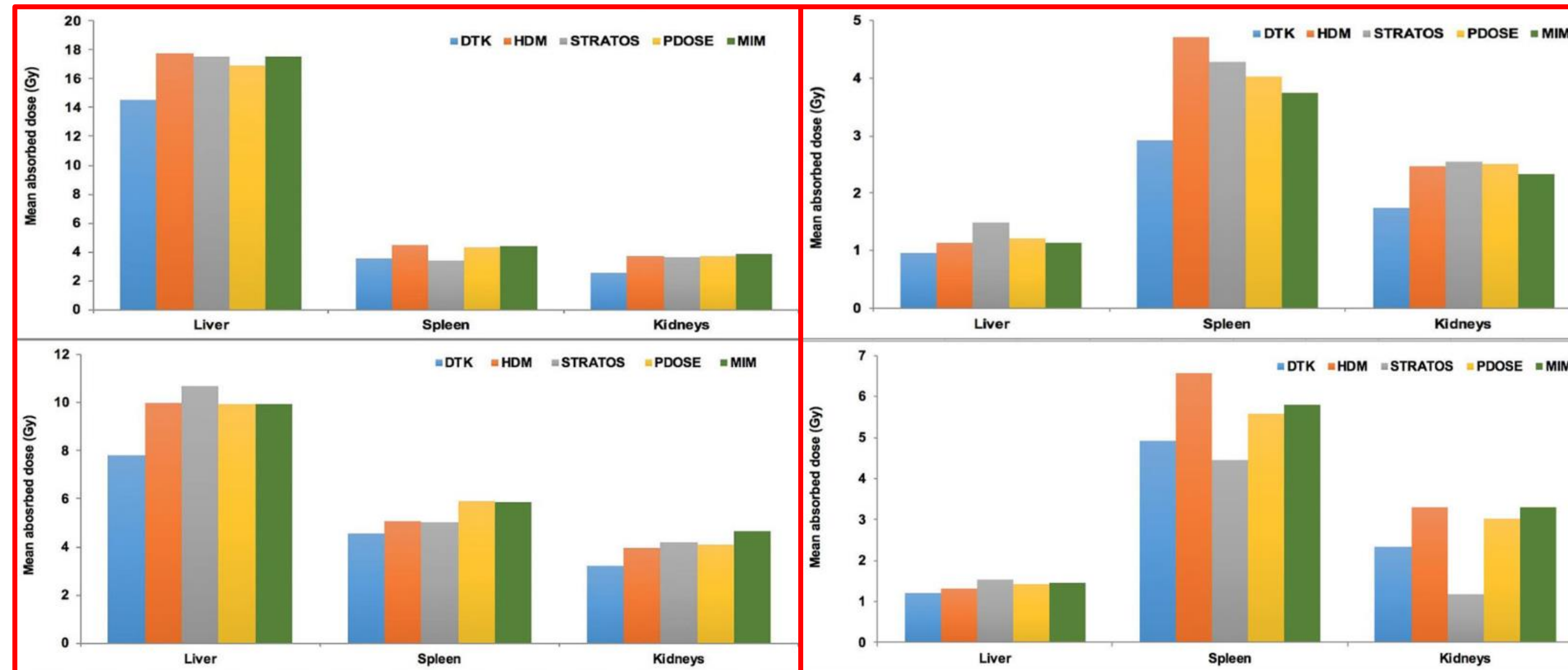












*...relative standard deviations in mean absorbed doses,  
on average are <16%, with a maximum at 41%*

**MedPhys, 2020**

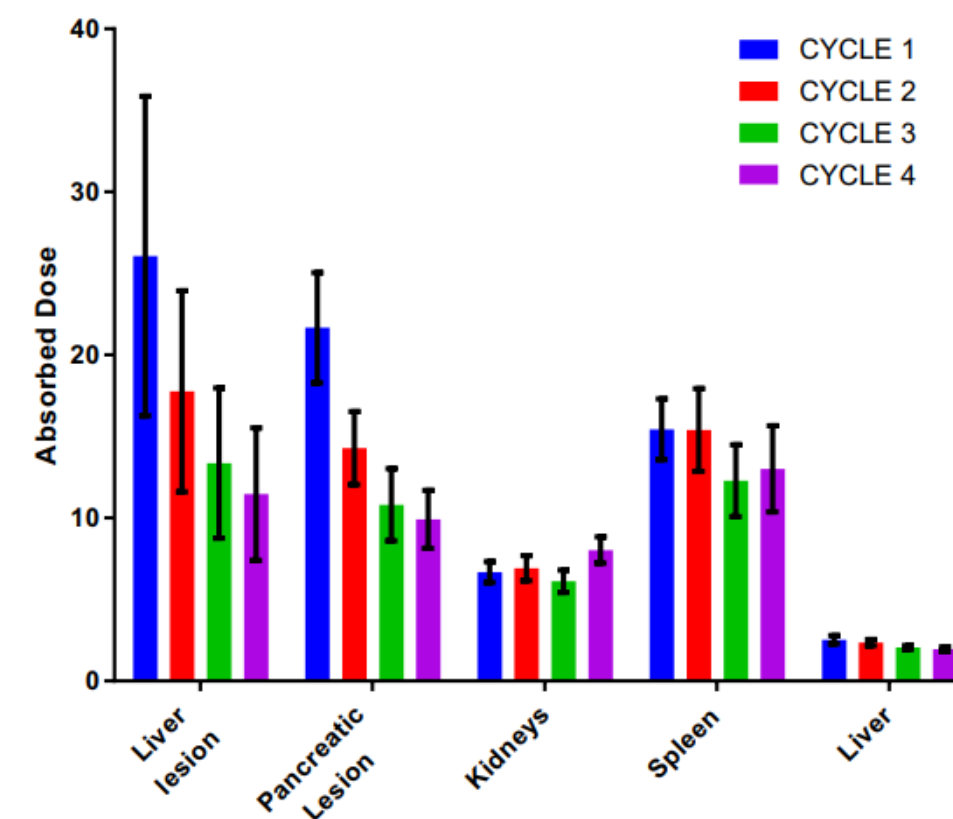
European Journal of Nuclear Medicine and Molecular Imaging (2018) 45:2456–2474  
<https://doi.org/10.1007/s00259-018-4136-7>

GUIDELINES



**EANM practical guidance on uncertainty analysis for molecular radiotherapy absorbed dose calculations**

Jonathan I. Gear<sup>1</sup> · Maurice G. Cox<sup>2</sup> · Johan Gustafsson<sup>3</sup> · Katarina Sjögren Gleisner<sup>3</sup> · Iain Murray<sup>1</sup> · Gerhard Glatting<sup>4</sup> · Mark Konijnenberg<sup>5</sup> · Glenn D. Flux<sup>1</sup>



**Fig. 12** Absorbed doses to lesions and normal organs over four treatment cycles. *Error bars* represent standard uncertainties in the dose values



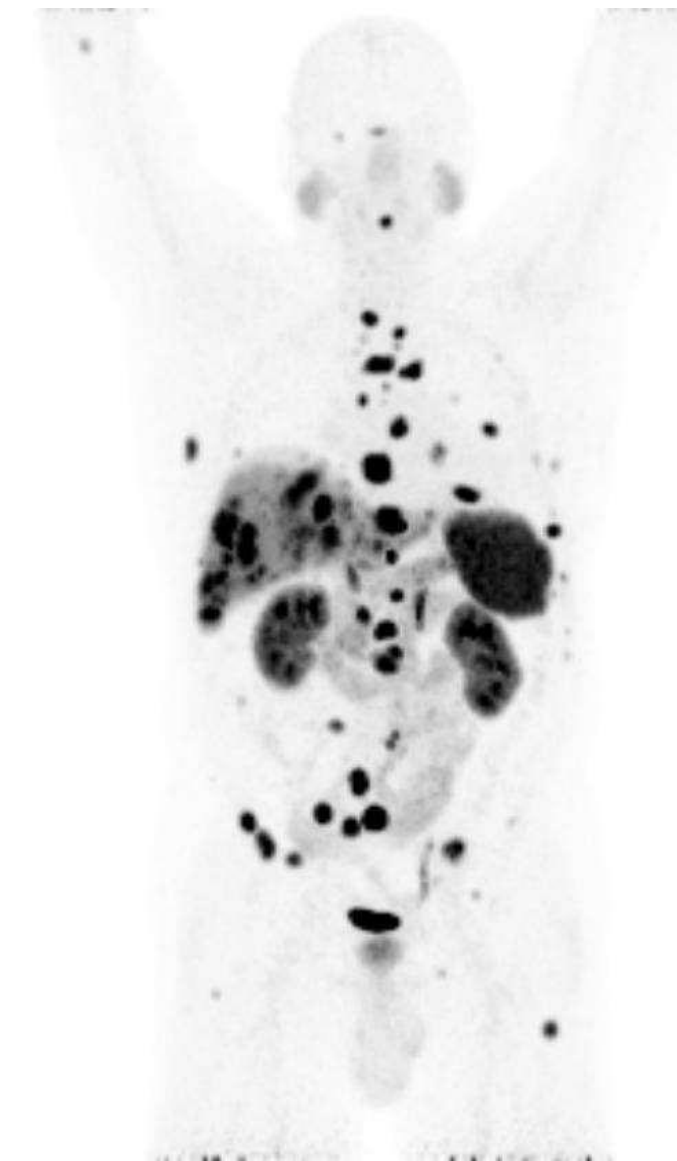
- Posso predire l'efficacia della terapia già dall'imaging?
- Posso predire l'efficacia della terapia dalla dosimetria della prima somministrazione? E la tossicità?
- Stessa dose per tutti... Siamo sicuri di trattare adeguatamente i nostri pazienti?



## Eligibility for therapy

- Uptake in lesions  
above the liver uptake

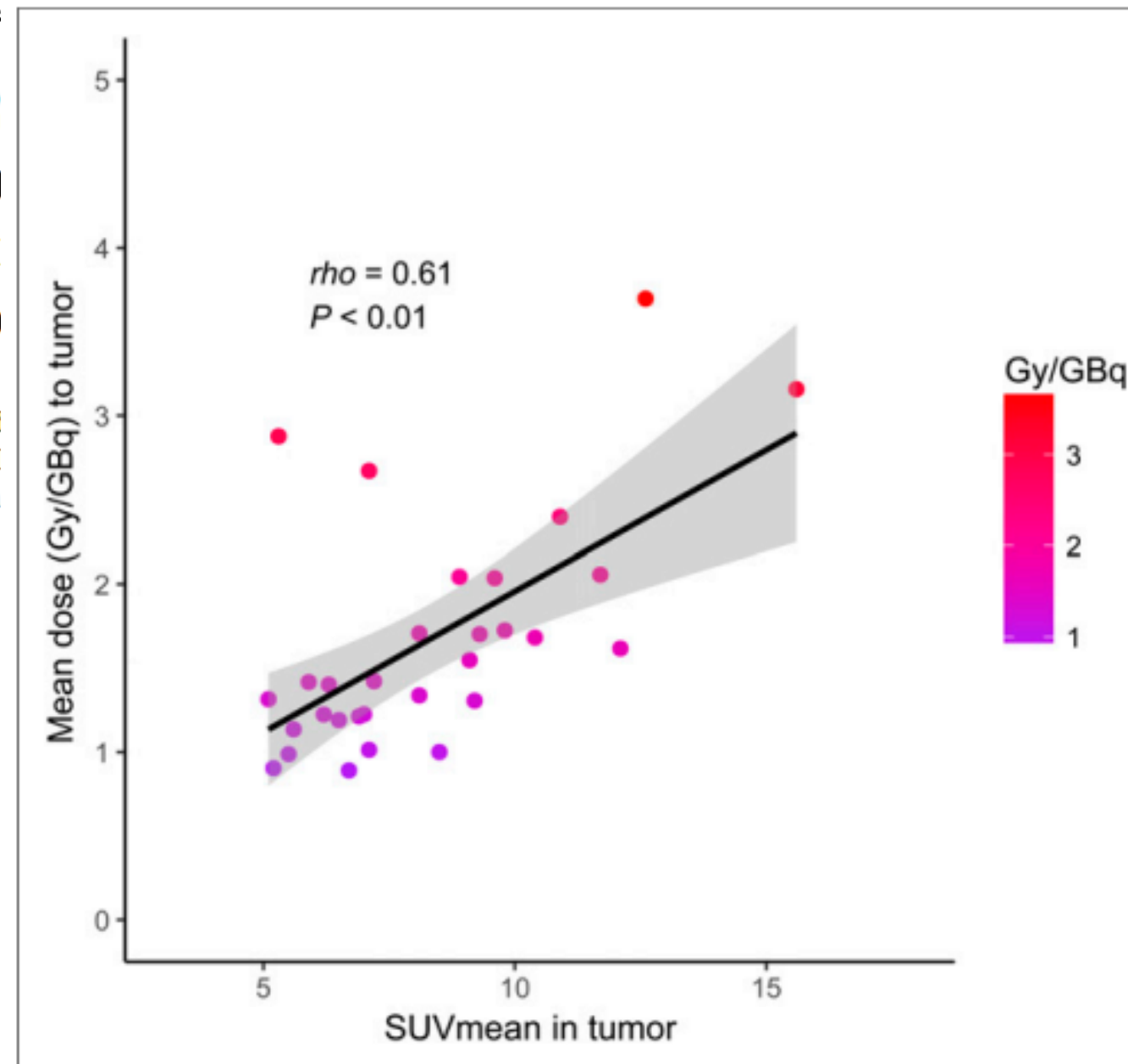
Score	Intensity
0	None (no uptake)
1	Very low
2	Less than or equal to that of liver
3	Greater than that of liver
4	Greater than that of spleen





**Dosimetry of <sup>177</sup>Lu-P  
 Resistant Prostate Ca  
 Pretherapeutic Imagi  
 with Treatment Outc**

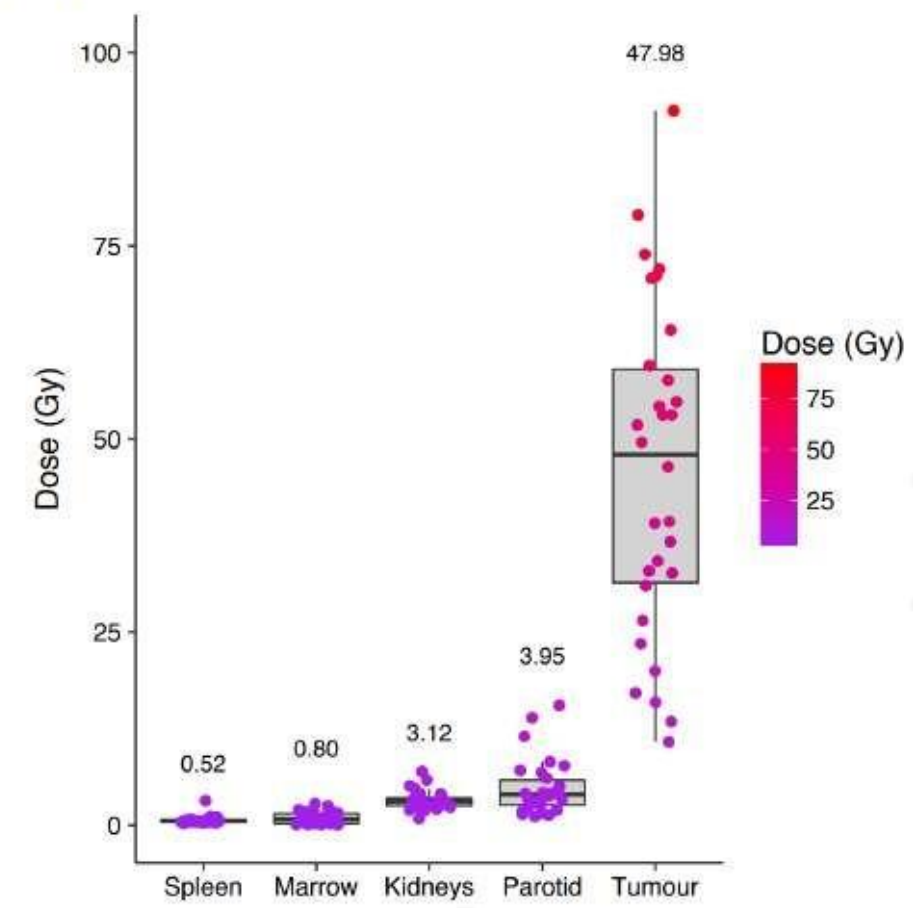
John Violet<sup>1</sup>, Price Jackson<sup>1,2</sup>, Justin Ferc  
 Aravind Ravi Kumar<sup>2</sup>, Sue Ping Thang<sup>2</sup>,  
 Rodney J. Hicks<sup>2,5</sup>, and Michael S. Hofm



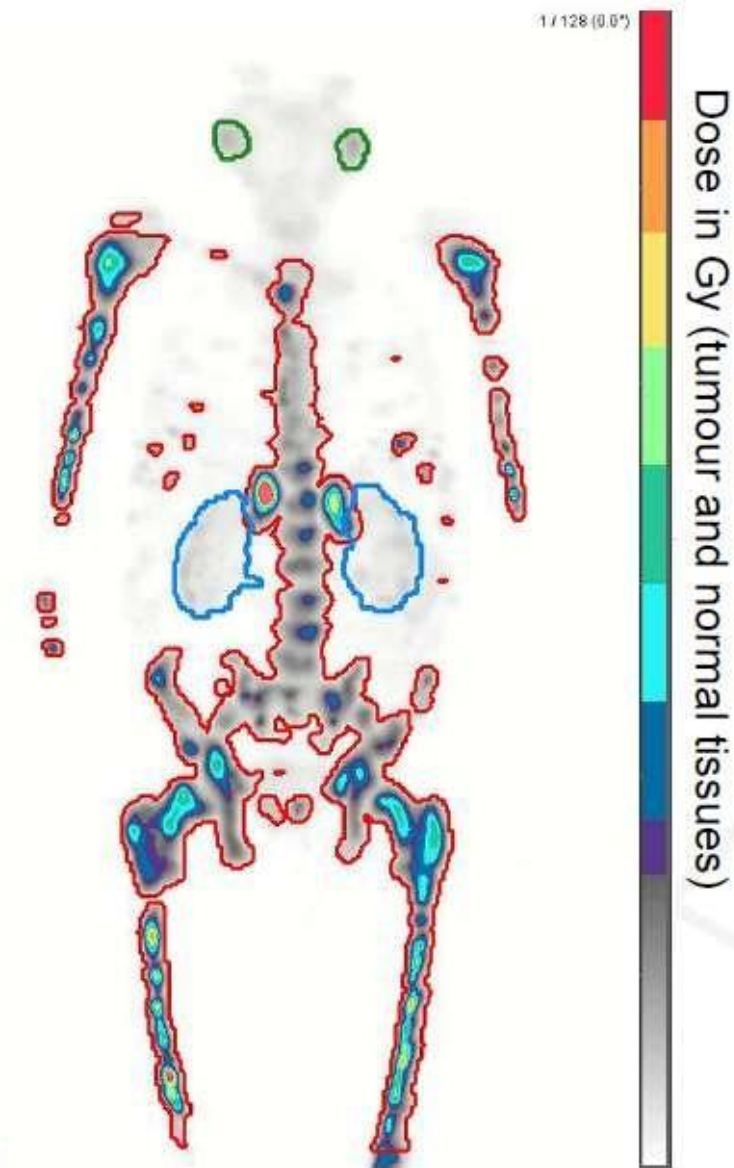
**FIGURE 5.** Correlation between SUV<sub>mean</sub> on screening <sup>68</sup>Ga-PSMA PET and mean whole-body tumor dose calculated using 5-Gy dose cutoff.

Molecular and volumetric parameters using an automated voxel-based dosimetry tool

**Dosimetry from cycle #1**  
 (30 patients treated with <sup>177</sup>Lu-PSMA617)

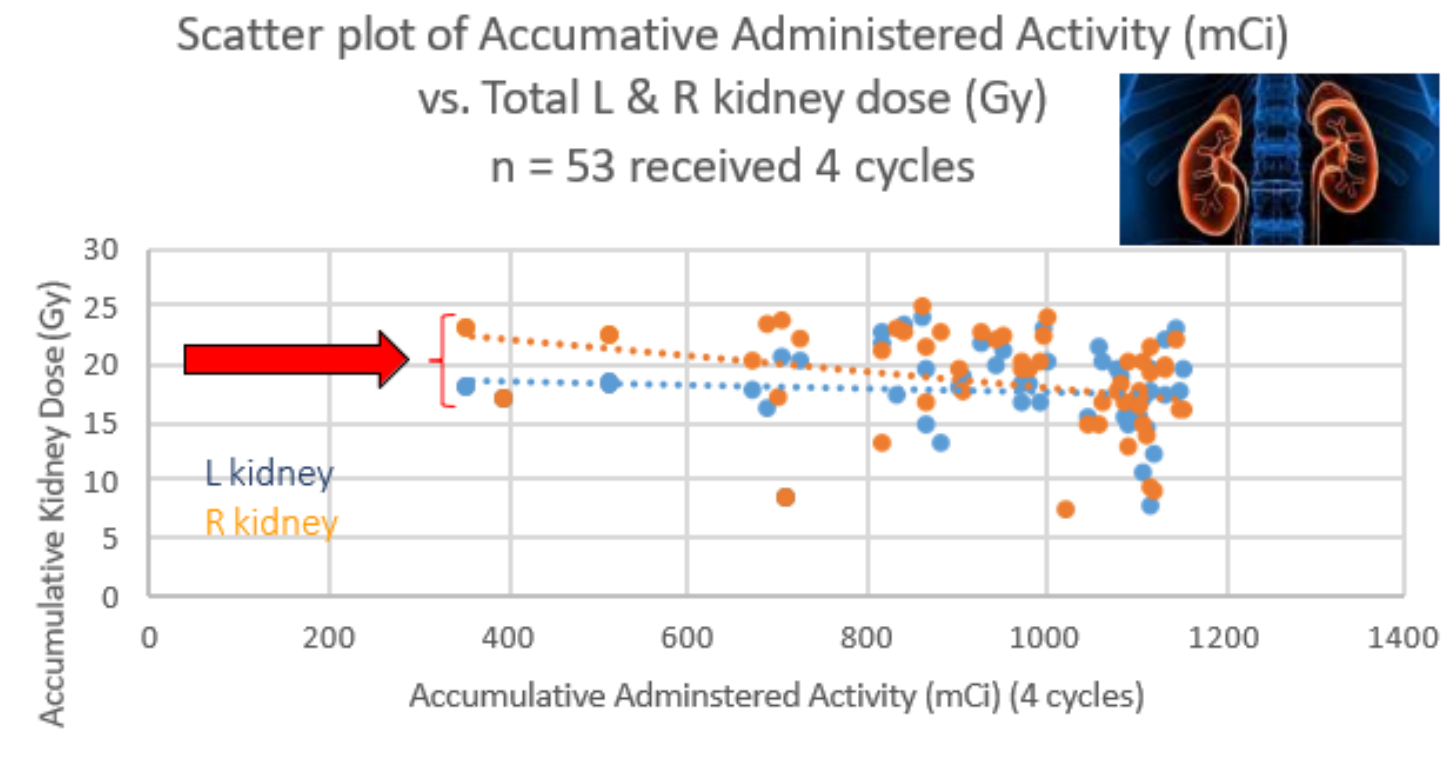


Violet J et al. J Nucl Med 2019





Dose delivered to normal structures – kidneys




- 68% of pts received an accumulative escalated dose ( $\geq 880$ mCi)
- Dose escalation achieved while maintaining renal tolerance
- Accumulated dose maintained below 23Gy in all pts except 1
- Median accumulated renal dose 18 (SD4) Gy

European Journal of Nuclear Medicine and Molecular Imaging (2022) 49:3830–3840  
<https://doi.org/10.1007/s00259-022-05786-w>

ORIGINAL ARTICLE



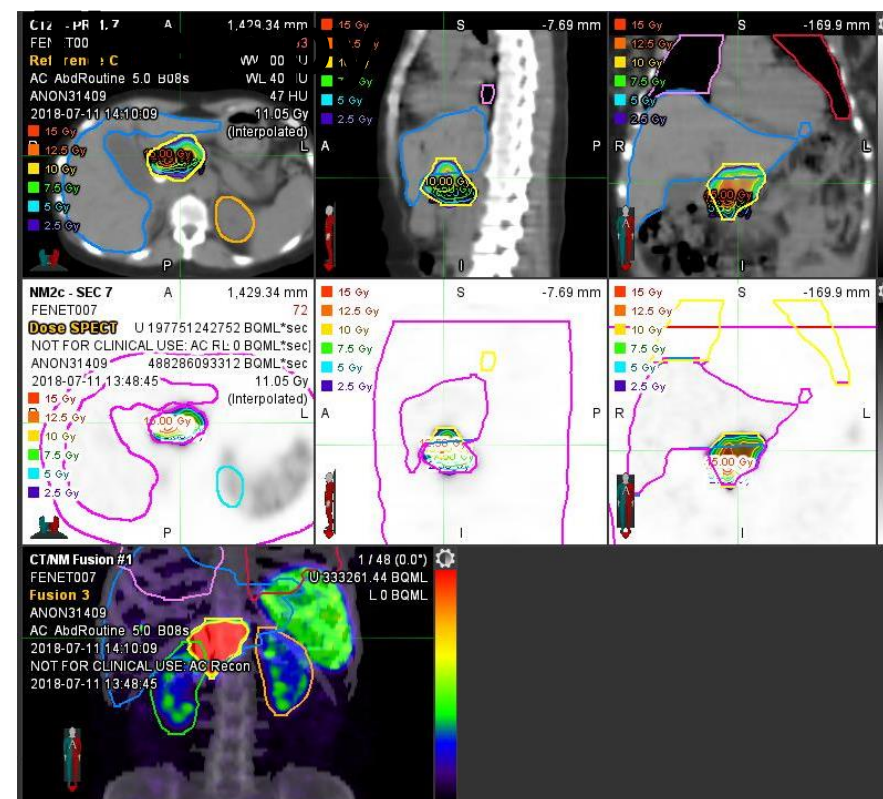
### Phase II trial demonstrates the efficacy and safety of individualized, dosimetry-based $^{177}\text{Lu}$ -DOTATATE treatment of NET patients

Anna Sundlöv<sup>1</sup> · Katarina Sjögren Gleisner<sup>2</sup> · Jan Tennvall<sup>1</sup> · Michael Ljungberg<sup>2</sup> · Carl Fredrik Warfvinge<sup>1</sup> · Kajsa Holgersson<sup>3</sup> · Andreas Hallqvist<sup>3,4</sup> · Peter Bernhardt<sup>5,6</sup> · Johanna Svensson<sup>3,4</sup> 

- All patients were planned for treatment up to a cumulative renal BED of  $27 \pm 2$  Gy (step 1).
- Thereafter, patients complying with the inclusion and exclusion criteria for step 2 (GFR > 50 ml/min with a maximum decrease of 40% from baseline, no grade 3–4 toxicity, and a maximum age of 70 years) were offered further treatment up to a renal BED of  $40 \pm 2$  Gy.

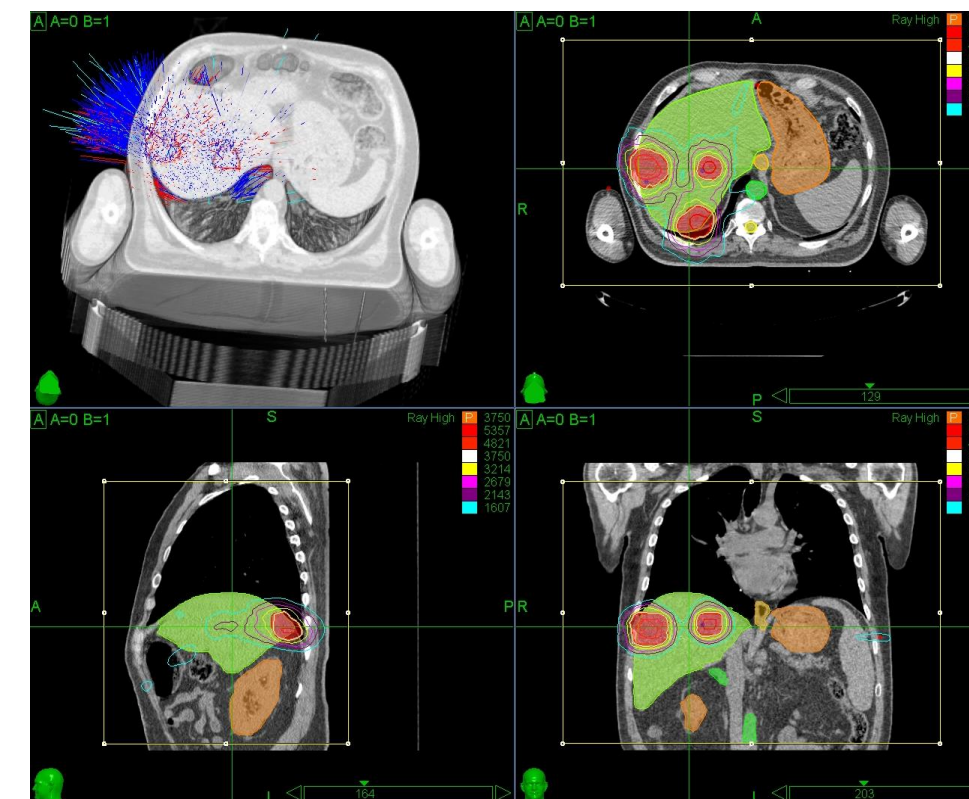


## RadioLigand



+

## RT a fasci esterni



Paziente oligometastatico, per migliorare i risultati della terapia singola

Paziente in cui la dosimetria sulle lesioni tumorali mostri una captazione non tumoricida

Paziente con captazione mista (sedi captanti e sedi non captanti)





*Grazie per  
l'attenzione...*